# 7.1.1\_SIDTM\_Gender Equity\_2015-2016 Index

S.No	Title of the Program
1	Gender Sensitization & Equity
2	Women's cultural program
3	Women's day 8th March
4	Psychological Counselling
5	Medical Orientation - Breast cancer
6	Under Socioeconomic Efforts -Women Empowerment from The Local Villages

### 1 Gender Sensitization & Equity

#### 1.1 REPORT

Title- Gender sensitization and equity

Date- 5th Aug 2015, 120 Min for - students -137 & Venue: C - Hall, SITM

Date- 7th Sept 2015, 120 Min for Audience- Faculty SITM -12 Nos

Date- 3rd July 2015, Duration-120 Min for - Nonteaching staff at Lavale

Speaker- Sneha Khandekar

Agenda- To sensitize students on "Gender sensitization and equity". Explain Gender, sexuality, patriarchy, SH and law - Law faculty covered generic women related laws and SH law. Expected outcome is:

To improve gender equity for empowerment of women and sensitisation. Help shift attitude from existing gender stereotypes.

To build perspective for intervention on sexual harassment at workplace, Mandated by UGC and by the new POSH Act2013.

#### Brief

The outline of the lecture is Explain Gender, sexuality, patriarchy, SH and law - Law faculty covered generic women related laws and SH law.

Gender discrimination is a part of Gender sensitization. Gender sensitization is a process in which people of both genders are taught to respect each other irrespective of gender and acknowledging differences.

This concluded by teaching the students that there are no set rules when it comes to gender and teaching them respect for each other and to be considerate about the equality while respecting the differences

SITM supports to eliminate gender inequalities through targeted, gender-focused programmes and by working to ensure that all development efforts consider the experiences, needs, and contributions of women and men equally.

SITM always takes efforts in eradicating inequality, and conflict, and driving sustainable development can be achieved.

#### Outcome

Sensitization Among students to Culturally sensitization and Anti-discrimination measure. Summary of lecture -It is about Equal rights, Equal contributors. Gender equality, is centred around human rights, is both a development goal on its own and critical factor for peace and wellbeing.



#### 1.2 COMMUNICATION

On Tue, Aug 11, 2015 at 4:49 PM. Renulia Mukadam «renuehn@gmail.com» wrote:

Dear Madam.

I write regarding the sessions on gender sensitisation which we conducted at SiTM on 5th August 2015. Please let us know what, formalities need to be undertaken for processing the payment for the same. If you have any requirements from us, let us know.

Regards,

Renuka Mukadam

On Mon, Jul 27, 2015 at 10:32 AM, Aartee Gokhale «agokhalenstim as in» wrote:

Dear marn,

W.R.T. the trailing emails, please find here with the new schedule :

Wednesday, 5th August, 1.30 to 3.30 & 3.45 to 5.45

Please confirm the same ASAP, so that I can look the TT.

Thanks & Regards, Aratee Gokhale

Senior Coordinator

Symblosis Institute of Telecom Management Symblosis International University, Lavale, Mulchi Pune 412 115 Contact no- 020-30116187, Mbbile-9822810682

Disclaimer: This email is governed by the Disclaimer Terms of SIU which may be viewed at http://www.slu.edu.in/ downloads.email.disclaimer.php

On Sat, Jul 25, 2015 at 6:42 PM, Madhavi Damie «msamies som acin» wrote:

Ok Madam let me check. Please reply all for further communication, so that all have the emails.

Br

Dear Aartee madam

Kindly check for the best possibility:

Bo

On 25-Jul-2015 6:25 pm, "Renuka Mukadam" «renusho ormal com» wrote:

Dear Madam,

I have a session fined up at the SSBF which is in the Lavale campus on6th August, at 3:15-5:15 pm.

Hence can I suggest that you plan one session that day since I presume you are in the same campus. However, it may not be possible for me to conduct 3 sessions in a day, hence one session will have to be scheduled on a different day.

The other option is to shift both sessions to a different date. As for time, I would prefer afternoon sessions, as it gets tough to reach your campus at 10. Any session timed 11 onwards is fine. Also we require 2 hours as the last half hour part of the session is conducted by the law faculty. I am copying this mail to Prof Asawari Abhyankar of Symbiosis Law for this purpose. Pls keep her in the loop.

Do let me know how the sessions can be re-scheduled.

https://mail.googie.com/mail/u/G/#advanced-search/subset-ail&has-gender++%2B+sneha&within=2m&sizeoperator+s\_sl&sizeuriit+s\_smb&date...

The following is the email communication to the speakers for all the session as well as internal communication for attendance

Col. P.Madhavan (Retd) <adminofficer@sitm.ac.irp

Sat, Jun 27, 2015, 11:49 AM

to SITM

All Staff.Please avoid availing leave on 3rd July and must attend this important training event

# @Agnes,

Please submit the list of SITM participants with equal distribution in all three batches so that office work is not hampered. You may conthem, if need be. I would prefer 10.15 a.m to 12.15 a.m batch.

Thanks & regards,

Col. P.Madhavan (Retd)

Admin Officer

#### Symbiosis Institute of Telecom Management (SITM)

(Constituent of Symbiosis International University)

Symbiosis Knowledge Village,

Village Lavule, Mulshi Taluka, Pune-412115

Phone: +91-20-3911 6170 (Office), +91-20-3911 6173 (Direct)

On Wed, Aug 26, 2015 at 1:00 PM, Head TLRC < head tlrc@siu.edu.in> wrote:

#### S Y M B I O S I S INTERNATIONAL UNIVERSITY



# (Established under section 3 of the UGC Act 1956, by notification No.F.9-12/2001-U3 Government of India) Accredited by NAAC with "A" grade

Ref. No.: SIU/U-68/2015/4014

Date:

26/08/2015

To,

Directors of all Departments of SIU

Subject: Workshop on Gender Sensitization for faculty of SIU organized by STLRC.

Dear Madam/Sir.

The workshop on Gender Sensitization for all faculty of SIU will be conducted by Ms. Sneha Khandekar and her team. The content of the workshop shall be as given below:

- 1. Questionnaire to the faculty
- 2. Short films on equity, gender and sexuality
- Presentation- Gender Sensitization what, why and equity, sexuality, sexual harassment, laws and rights.

# The total duration of workshop will be 2 hours and the group will be of 30 faculty members each group.

The schedule for each department and location is attached with this email. You are requested to kindly send the faculty members of your respective departments for the said workshop. The details of the venue shall be sent to you shortly. The profile of the resource person is also attached for your ready reference.

Kindly note that one of the key training program prescribed and recommended by NAAC is 'Gender Sensitization', hence we look forward to receive your support and co-operation to successfully conduct these training sessions.

This is for your information and further action.

Thanking you, Sincerely,

Dr. Sophia S. Gaikwad. Head, Symbiosis Teaching Learning Resource Centre

Copy to: The Vice Chancellor, SIU

Dr. Mrs. Sophia S. Gaikwad Ph.D.- Education, Qualified SET, NET, M.A.; M.Ed.

Head, Symbiosis Teaching Learning Resource Centre,



#### 1.3 Attendance

#### Student Attendance

# Lecture on Gender Equity and sensitivity

Date : 5th Aug 2015 Time 1:30 to 5:00 pm

### Symbiosis Institute of Telecom Management Batch 2015-17

	Batch 2015-17			
SR. No	PRN	First Name	Last Name	_
1	15020541001	AAKANKSHA	Last Name	-
2	15020541002	AALOK	SHARMA	P
3	15020541003	ADITYA	JASSAL	9
4	15020541004	AKANKSHA	RAINA	A
5	15020541005	AKANKSHA	KANT	1 9
6	15020541006	AKASH	SHARMA	1
7	15020541007	AKSHAY	AGRAWAL	A
8	15020541008	AMOL	SHETTY	9
9	15020541009	ANKIT	BHARGAVA	9
10	15020541010	ANMOL	ASTHANA	P
11	15020541011	ANOOP	JAVADEKAR	
12	15020541012	ANUBHA	MATHEW	8
13	15020541013	ARJUN	PANDIT	P
14	15020541014	ARNAB	IYER	19
15	15020541015	ARPITA	MOHAPATRA	-
16	15020541016	ARUN	GHOSH	8
17	15020541017		SURESH	<i>&gt;</i> <
18	15020541017	ASHLESHA	CHAVAN	P
19	15020541019	DARSET	VASUDEVAN	-
20	15020541020		MERCHANT	9
21	15020541021	DEEPIKA	DAVE	1
22	15020541021		KHANNA	K
23	15020541022	FARAAZ AHMED	GAUSEE	9
24	15020541024	G.JAYASHREE GIRISH	LALITHAMBIGAI	6
25	15020541024	The state of the s	KUMAR	1
	-133333333	MRUNMAYEE	HUMANE	
26	15020541026	ILA	SHARMA	6
27	15020541027	KARAN	MARWAH	-
28	15020541028	KUNAL	KUMAR	Pr
29	15020541029	MADHUSMITA	PANDA	P
30	15020541030	MEENAKSHI	DIXIT	-
31	15020541031	NAMAN	TALWAR	P
32	15020541032	NAYAN	BHUYAN	
33	15020541033	NEHA	PRIYADARSHINI	- 1
34	15020541034	NIHARIKA	SINGH	2
35	15020541035	NIKHIL	HARVE	9
36	15020541036	NILESH	BAMOTRIYA	
37	15020541037	NITHIN	MATHEWS	P
38	15020541038	NITIN	POTE	
39	15020541039	PRACHI	GEDAM	Y
40	15020541040	PRAKSHI	BAJAJ	
41	15020541041	PRASHANT	YADAV	9
42	15020541042	PRASHANT	TANDEKAR	
43	15020541043	PRATHAMESH	PANDE	P
44	15020541044	PRIYANSHI	SRIVASTAVA	

43	15030541045	7 WISHINGA	GHOSH
44	15020941046	BONT	Trwani
47	15020541.047	ROHIT	Treasure
48	15020541046	RONAK	SARKAR
45	15020541049	SALMAN	HAMOULKY
50	15020541050	SANDEYF	
51	15020541051	SARBANI	UDGIRKAR
52	15020541052	SHILPY	CHAKRABORTY
5.3	15020543058	SHIVAM	Sitteria
54	15020541054	SHREYA	-
55	15020541055		GUPTA
56	15020941056	SHREYAS	EMASE"
57	13020541067	SNEHA	MESHRAM
58	15020543058	SUAAT	SNGH
59	15020541659	SWATI	SNEMA
50	15030541060	TANUE	QUPTA
61	15020541061	TASHI	ANGMO
	The state of the s	UNIONIS	SAISAL
52	15020541062	V.5	
63	15020541069	SUBRAHMANYAM	YADAYALLI
64	15020141064	PUSHPONDRA	THENUKN
65	13020543065	SMIT STATE	RAVAL
56	15030541066	RICHLESIC	HARDE
67	15030543067	FALGUN	TORAS
68	15020141068	SATYANS	SINGIA
69	15020541069	SHUBHI	SHARMA
70	15020541081	PANKAJ	MURCHITE
71	35020541082	AAKARSH	KLISAAR
72	15020541083		WALECHA
73.	15020541084	AARUSH	KALISHAL
74	15020541085	ABHUTILISAAR	ANUMERZEE
73	11020541086	ADITYA	KAIPUT
76	15020541087	ANKUR	SHARMA
27	15030541066	ANNOL	RAINA
75	15020541089	ANSHUMAN	SANSAL
.79	11030541090	ANUSHYA	BHA.
80	15020541091	ARASTU	SERNARD
91	15020541092	CHITNA	TOMAR
8.2	15020541093	DEBANIAN	CHANDIRAMAN
43	13020541094	DEEPSHIKHA	MITRA
84	15020541095	DHRUVKA	SHIKHA
83	15030541096	EHEENA	SOLANIS
86	A large to the contract of the		GALIR
	15020543097	SHARKTYUMARR	FULWADIYA
87	15020541098	GAURI	UPGAN, AWAR
80	15020541099	GAZAL	SHRIVASTAVA
89	15020541100	HARDIE	SHINDE
90	19020541101	JHUMA	GARG
91	15020543102	KUNEL	TOMAR
92	15020541103	KUSHAGRA	MAGPAL
91	15020541104	MANSH	PRAKASH
34	15020541305	MO AAQUIB	ZAMAN

		NACTURE	JACOB	9
95	15020541106	MITHUN	HEGDE	P
96	15020541107	NARESHKUMAR	PATIL	8
97	15020541108	NITISH		8
98	15020541109	PADMAVATI	CH	9
99	15020541110	PARIMITI	WASE	0
100	15020541111	PAVITHRA	KRISHNAPPA	9
101	15020541112	PRADNYA	KANADE	P
102	15020541113	PRASHANT	JAIN	0
103	15020541114	RAHUL	JADHAV	P
104	15020541115	RAJA	SINGH	0
105	15020541116	RAJKAMAL	A	p
106	15020541117	RANJAN	TYAGI	-
107	15020541118	RIMI	MITRA	Po
108	15020541119	RITURAJ	ZALA	6
109	15020541120	SAHIL	KUMAR	- P
110	15020541121	SAUBHIK	HALDAR	Y
111	15020541122	SAURABH	SABALE	- 6
224-2		SENTHIL KUMAR	NARAYANA PERUMAL	P
112	15020541123	SHAGUN	KHOSLA	6
113	15020541124	SHIVANI	SHARMA	0
114	15020541125	SHWETA	TANDAN	- (
115	15020541126	SOMYA	SINHA	6
116	15020541127	SONAM	KAPOOR	9
117	15020541128	SRISTI	GAUR	9
118	15020541129	SUDHANSU	DHILLON	9
119	15020541130	SUDHANSU	VERMA	8
120	15020541131	SUHAS	RAI	9
121	15020541132	SURYA	NAIR	P
122	15020541133	TARU	GUPTA	6
123	15020541134	TISHA	MORANI	P
124	15020541135	TUSHAR	PAREEK	9
125	15020541136	UTSAV	TAGRA	9
126	15020541137	VARUN	RAJ	9
127	15020541138	YAASHI	JAIN	6
128	15020541139	VIVEK	BHARDWAI	9
129	15020541140	RAHUL	BHADAURIA	6
130	15020541141	AABHAS	BHUSHAN	6
131	15020541142	KRUNAL	PATEL	9
132	15020541143	SAI NAYANA	BANGI	9
133	15020541144	SHIKHA	JAISWAL	. 9
134	15020541145	AYUSHI	TOMAR	Jone
135	15020541146	MACNEAL	CARDOZA	(Houl
136	15020541147	SHREYA	CHOPRA	Chenes

18/15 5/8/15

## 1.3.1 Staff Attendance

	Workshop: Gender sensitizat Participants-Non Teaching S Date-3 July 2015	
1	Ms Aditi Khutwad	Pr
2	Mrs Bhakti Vyawahare	Bhakt
3	Mr. Rahul Bilapate	Ar - 1
4	Mr. Pankaj Patil	asiels
5	Mr. Lenin Deshmukh	- Ab. IT
6	Mrs. Geeta Rao	- Exam Duty
7	Mrs. Aratee Gokhale	Px ?
8	Ms. Renuka Sanake	Po - Comain
9	Mrs. Rohini Shirke	Ab
10	Mrs. Vidula Kulkarni	idular .
11	Mrs. Agnes D'gama	10 g cung
12	Mr Shrinivas Adak	(A)
13	Mr. Rajesh Jeenwal	713

# 1.3.2 Faculty ATTENDANCE

peaker-Sneha Khand	te kar	
		Land Control
Sr. No	Name	Yes/No
	Mr. Sunil Patil	Ata
2	Mr. Abhijeet Chirputicar	Alex
3	Col P Madhavan (Retd)	Artis D
4	Dr. Pramod Damle	- > Prol
5	Dr. Tarun Singhal	Aps
6	Dr.K.S.S. Iyer	N/
7	Mr. Avinash Aslekar	Ans a
8	Mr Prasanna Kulkarni	The second
9	Dr. Sujata Joshi	Lujale
10	Mr. Sandeep Prabhu	-0
11	Dr. Tripti Dhote	76-
12	Mr. Giri Hallur	Chillallin
13	Mr. Yatin Jog	100
14	Mrs. Vijayalakshmi Chetlapalli	luins
15	Mr Chintan Vadgama	A-tos -
16	Mrs Madhavi Damle	Marin yes

# 1.4 Photographs



Figure 1: Gender Sensitization Session

### 2 Women's cultural program

#### 2.1 Report

Title- Women's cultural Program

Date - 2nd Feb 2015

Duration -1 hr

Participants- SITM staff -Women's

Venue- SITM committee room

#### Summary of program -

Women's cultural program is celebrated. We celebrate Haldi Kumkum for Sankranti during this period. We Women at SITM celebrate a cultural program and discussed how to balance day to day life with work. We shared tips, information which helped to balance work life balance.

#### Outcome of programme-

Time management is discussed

Increased Team bonding

Feeling of cooperation, understanding in colleagues



#### 2.2 Communication

Most of the communication is done on the phone to check the availability and planning during lunch hour or tea break.

# 2.3 Attendance

tie- won	nen's cultural Program Repeat 2015 affen	a service
)ate - 2 F	eb 2015	
uration -	1 br	
41.1	. CITAL A-M WANNA'S	
articipan	ts- SITM staff -Women's	
enue-SI	rM Conference hall	
Symbias	is Institute of Telecom Management	
	The state of the s	
Sr. No	Name	Present/Absent
9)	Dr. Sujata Joshi	Yes
12)	Dr. Tripti Dhote	No
14)	Mrs. Vijayalakshmi Chetlapalli	No
16)	Mrs Madhavi Damle	425
1 5)	Ms Aditi Khutwad	425
10 6)	Mrs Bhakti Vyawahare	465
38 1)	Mrs. Geeta Rao	Yes
23 87	Mrs. Aratee Gokhale	Yes
	Ms. Renuka Sanake	Yes
24 91	Mrs. Rohini Shirke	Yes
- 0.1		
- 0.1		405

# 2.4 Photos



# 3 Women's day 8th March

#### 3.1 Report

Title- Celebration on Women's Day 8th March 2016

Venue- Class room gathering SITM

Duration- 1 hour

#### Brief

Every year SITM celebrates women's day.

This is to respect and honour the womanhood and its significance to the society. Most women are wished on this day to be acknowledged for their contribution to the society.

At SITM we discuss our concerns with fellow participants in this all women get together as well as have little fun. Health Challenges that comes along way for women are discussed, exercise regimes are discussed. We have a fitness-oriented woman as Aartee madam who is an instructor. As for fun, many different types of games are arranged for ladies' staff. The program was ended by expressing women's day importance over a cup of tea. Event was very memorable.

International Women's Day is an occasion to celebrate the progress made towards achieving gender equity and women's empowerment but also to critically reflect on those accomplishments and strive for a greater momentum towards gender equity worldwide.

#### Outcome

It is a day to recognize the extraordinary acts of women and to stand together are appreciated and respected for their contribution, and to advance gender equity around the world.

#### 3.2 Communication

Most of the communication is done on the phone to check the availability and planning during lunch hour or tea break.



# 3.3 Attendance

Woman's Day 2016 Attendance

Date-8th March 2016

Participants- SITM ladies' staff

Sr. No	Name	Yes/No
1	Dr. Sujata Joshi	Yes
2	Mrs. Kavita Sahastrabudhe	Yes
3	Dr. Tripti Dhote	Yes
4	Mrs Madhavi Damle	Yes
5	Mrs. Bhakti Vyawahare	Yes
6	Mrs. Aratee Gokhale	Yes
7	Ms. Renuka Sanake	Yes
8	Mrs. Rohini Shirke	No
9	Mrs. Vidula Kulkarni	Yes
10	Mrs. Dipti Deshpande	Yes
11	Mrs. Agnes D'gama	No
12	Ms. Madhura Gaikwad	Yes
13	Ms. Rekha Yadav	Yes

### 3.4 Photos



# 4 Psychological Counselling

#### 4.1 Report –

Psychological counselling and emotional wellbeing

Title-Emotional wellbeing program.

Date- 5th June 2015 - Duration- 1 Hr

Venue C -Hall SITM

Speaker- Dr. Pramod Damle.

Audience - Students

Every year during Induction one session is taken to help students to understand and mange the change that they are undergoing and build holistic development.

Dr Damle conducts this session with the first step as open session with a view to explain and help deal with uncertainty and help then ptochology as needed for the students who might not be able to cope

He also conducts a test to asses the psychological standing in this crutial perios and eventually have one on one sessions to help students cope up as needed. Dr Damle is qualified counsellor

The implications of decreased emotional well-being are related to mental health concerns such as stress, depression, and anxiety, they contribute to physical health concerns such as digestive disorders, sleep disturbances, and general lack of energy. So, SITM conduct lecture for students/staff increasing awareness about being emotionally fit to handle stress at work /University/classes efficiently. The connection between the mind and the body is so strong that mental and physical states related to each other in both a positive and negative way. Feelings depend on thought process and they determine attitudes and then actions. So SITM try to cultivate positive thought processes in minds of students.

#### Outcomes

Students have an idea that they can approach for help and trust is build. More than 30 students have approached for further help form the batch of 137.

The outcomes have be phenomenol where more than 25 students approach him to help them tied over this new exposure and manage better.



### 4.2 Communication

To create awareness about counselling availability and build trust and inform students about emotional wellbeing.

This is declared on line as well as put on the notice board.

	0800am - 08:30am	Students Reporting & Attendance	Report to Recreation Hall
06 June 2015	INDUCTION DAY 4		Outdoors
	* -	End of PI -Day 1 - With Instruction for next day	X1 8
	02:45pm - 04:45pm	Document Verification	Adminitration/AO incharge
	01:35pm - 02:45pm	LLINCH BREAK	Students Mess for Students
	11:35am - 01:35pm	Lessons on Management from Bhagwat Gita by Mr. Rajesh Nayak	Guest Speaker
	10:15am - 11:25am	Orientation to Life Skills by Dr. Damle	
	10:00am - 10:15am	Students Reporting & Attendance	
05 June 2015	INDUCTION DAY 3	- 11 - <del>2</del> 7	C Hall
		End of PI -Day 1 - With Instruction for next day	
	03:30pm - 04:30pm	Mr Anshuman Sen, VP Technology & Partner, Technology	Guest Speaker
	02:30pm - 03:30pm	Mr.Rishablı Arora, VP-Electronics, Snapdeni	Guest Speaker
	01:15pm - 02:30pm	LLINCH BREAK	Students Mess for Students
	12:20pm - 01:10pm	Mr. Arjun Rajagopalau, Director, Deloitte Iudia	Guest Speaker

Figure 2: Communication - Induction Agenda 2015

# 4.3 Attendance

	Symbiosis Institu	ite of Telecom Manu	and the same of th	
	Batch 2015-17	The sale of the sa	Sement	
50E. No.	PRN	First Name	( Tanaha )	
T	13020543000	ARKANISHA	Last Name	-
2	15020541002	AALDK	SHERMA	18
- 8	13020581003	- ADITHE	HISAC	- R
4	25020541006	AKAMISHA	AA75A	_B.
.5	15020541005	ARANESHA	AAA7	14
	15020541000	AKAljo	SHARMA.	1 2
-	13020541002	ACSIALI	AGRAWIII.	N
	13020542308	AWOL	SHETTY	1.8
	15020547509	AART	BHARGAVA	- 6
10	35020541010	ANDACK	ASTHERAS.	1
31	15020941801	ANGOF	JAVADEKIR	P.
25	15070541012	Mulina	MATHEW	1
13	15020541015	ARION	PANOIT IVEN	-
34	13000541014	ARNAS	MONAPATER	1
75	15030541015	AAPITA.	GHOGH	P
1/6	35029545016	AALA	SURESH	Q B
1.7	13020641217	ASMITSHA	CHEVAN	
18	1302054100#	JEST MASH	VAILIDEVAIN	9
39	19090541009	DARKET	MINCHANT	10.
30	13030541020	CCIPAL	DAVE	P
23	15020541001	CHRUV	THANKS.	1
22	15020541002	FARRAZ AHARED	GAUSEX	0
23	15020541023	G.MARDHAIS	LAUTHANNINGA	10
24	15020541024	QASH	ADMAA	9
25	15020541025	MRUMMAYEE	PERMANE	100
.26	15020541036	EA	SHARMA	9
27	15020541027	KARAN	MARKER	13
29	15020541008	KUNKE	NUMBER	N.
29	25000941028	MACHUSMITA	PANEA	4
30	13620945530	MENASH	DOXT	0
31	15020541031	MANAM	TALWAR	0
12	15020541032	SMYAN	BHUTAN	1
31	15030543033	26HA	PEHADARSHIPE	9
34	19020543094	ARRADIA	5/8/04	N.
35	15020543085	NION	HARVE	0
34	19020941096	NOSH	BANACTRYAL	5
37	15020541037	NOTHIN	MATHEWS	8
	15020541038	NITRY	POTE	0
38	15020540539	PRACE	GEDAM	8
39		PRAKSW	BAIA	
40	15020540080	PRASHANT	VADAV	0
61	33030543581	PRAGRANT	TANDEKAR	9
A2_	15030543047	PRATHAMESH	FANCE	
43	33020543048	PRIVADORS	SRIVASTAVA	100

1 45	15020541045	RISHIKA	GHOSH	1.0	
1 45	15020541046	ROHIT	TIWARI	0	
47	15020541047	ROHIT	THAKUR	8	
48	15020541048	ROINAK	SARKAK	0	
49	15020541049	SALMAN	HAMDULAY	0	
50	15020541050	SANDEER	UDGIRKAR	0	
51	15020541051	SARBARI	CHAKRASORTY	P	
52	15020541052	SHILPY	SINHA	6	
53	15020541053	SHIVAM		-	
54	15070541054	SHREYA	GUPTA	0	
- 55	15020541055	SHREYAS	KHASE	9	
- 56	15070541056	SNEHA	MESHRAM	6	
57	15020541057	SUMIT	SINGH	9	
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81	15020541092	CHETNA	CHANDIRAMANI	8	
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83	15020541094	DEEPSHIKHA	SHIKHA	9	
84	15020541095	DHRUVIKA	SOLANKI	0	
85	15020541096	EHEENA	GAUR	0	
86	15020541097	BHARATKUMAR	FULWADIYA	1	
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### 4.4 Photographs

Dr. Damle is qualified counsellor and also a faculty at SIDTM

# 4.5 PSYCHOLOGICAL COUNSELLING AND EMOTIONAL WELLBEING - PHOTOS



Figure 3:Induction Orientation



Figure 4:Dr. Damle for psychological counselling- During Induction-Psychological Counselling and Emotional Wellbeing

### 5 Medical Orientation - Breast cancer

### 5.1 Report

Title- Awareness session on Breast Cancer

Date-18th March 2016 Friday- 3 pm to 4:30 pm

Venue- SIU Convention Hall

Speaker- Dr. Shalaka Shimpi

Participants- Ladies Staff SIU

#### Brief Summary of program

The program was orientated towards information and sensitisation about Breast cancer. The detailed talk on the cancer covered all areas that women should know and these are the causes, spread of the disease, expected repercussions, the risk involved and most important was to be vigilant and arrest the disease if possible. There are certain issues on the food and medicine that might have carcinogenic origin and these should be avoided including contraception medication, Regular check-ups a must and report any abnormality. Especially women above the age of 40 years to became aware, while for younger women were alert to the issue. Sensitisation for the gathering to take care of major health issues.

#### Outcome of the Program

Awareness was top priority of the session. Conducted well and self-examination method for early detection was taught. Session was very informative

#### 5.2 Attendance

This was attended by the following staff voluntarily

- 1. Mrs. Geeta Rao
- 2. Dr. Sujata Joshi
- 3. Mrs. Madhavi Damle
- 4 Mrs Aartee Gokhale





### SYMBIOSIS CENTRE OF HEALTH CARE SYMBIOSIS

Founder: Prof. Dr. S.B. Mujumdar, M. Sc., Ph. D. (Awarded Padina Bhushan and Padina Shri by President of India)

Ref. No.: 255 / SCHC / 2016

11th March 2016

To.

The Registrar, SIU

The Director SSP, SIBM, SSBF, SITM, SIMC - PG.

The Director SIT, SSBS.

Subject: Awareness session on Breast Cancer

Dear Sir/Madam,

Greetings from SCHC!

You are aware that Symbiosis Centre of Health Care (SCHC) organizes staff welfare activities with a view to promote a state of 'Positive Health" amongst the staff members of Symbiosis.

This year, we are organizing an interactive program for women staff in Symbiosis. Dr. Shalaka Shimpi an eminent Gynecologist will conduct awareness session on breast cancer.

Today breast cancer is one of the commonest cancer in Indian women. Early detection of breast tumor certainly helps reducing death rate due to breast cancer. Self-breast examination is the simplest screening method for early detection of breast abnormalities.

The program will be as follows.

Day and Date: - Friday, 18th March 2016

Time: - 3.00 pm to 4.00 pm

Venue: - Convention Hall, Near Auditorium, Lavale Hill Top.

You are cordially invited and requested to communicate this information to all the women staff members (Teaching as well as non-teaching). Women Staff members are advised to be seated in convention hall till 2.45 pm.

For any other details please contact Dr. Girish Bajaj on Mob. No.- 9850100883 (e-mail-smo.insurance@schcpune.org)

This is for your information & further communication.

Thanking you,

Yours sincerely,

Dr. Rajiv Yeravdekar Director, SCHC

### 5.4 PHOTOS



Figure 5 : Speaker - Dr. Shimpi at Awareness session on Breast Cancer

# 6 Under Socioeconomic Efforts -Women Empowerment from The Local Villages

#### 6.1 Under Communal socioeconomic efforts

For empowering of Women from local villages, SITM holds a competition of B-plan for social cause (Women empowerment) from various other institutes for giving a good and great plan for women entrepreneurs' women from local village. About 100 registrations from nation come in each year. Held on on date 6th Sept 2015

Also under the same Umeed umbrella, we also organized other contests like Article writing, Photography and Quiz. We received an overwhelming response for the competition from students across the country, with over 100 registrations. From over 40 Abstracts for B-Plans received from different teams we have short listed 17 teams from premier institutes including IIMs, JBIMS etc. to present their abstracts on the day of the event - 06/09/2015. The event will be judged by guests from the industry.

